

Pretzel Sticks & God's Promises



TRUST IN GOD'S PROMISES

God promised us that His love will never fail and that He is faithful in every way. No matter what happens in our lives, His love for us is unending and unbreakable! In fact, not one promise that God made was ever broken. Therefore, we can trust God and that He will carry us through any situation we might encounter. So, how do we explain this to a child?

Use this simple pretzel stick activity as a visual to teach your children that once a promise is broken, it's impossible to repair! Fortunately for us, we serve a God who will **NEVER** break His promise and we can put our trust in Him. In fact, God promises to make our paths straight — just like a pretzel stick — when we trust in Him. God is so good!

MATERIALS NEEDED:

- Pretzel sticks — 1 for the lesson, and more for snacking!

“The steadfast love of the LORD never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness.”

— LAMENTATIONS 3:22-23



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INSTRUCTIONS:

1. Give your child a pretzel stick. Ask them to imagine what would happen if it broke? Could they put it back together?
2. Explain that pretzels are like promises — once broken, they are impossible to repair!
3. Have your child break the pretzel into two pieces and see if they can put it back together.
4. Since they can't, discuss how wonderful it is to know that God will NEVER break His promises and that we can put our trust in Him.
5. Continue the discussion about trust and promises by sharing a story of when you needed to place your trust in God. What was happening in your life? How did it feel? Encourage your child to share times when they have (*or could have*) trusted God.
6. Say, *“God promises to make our paths straight, just like a pretzel stick, when we trust in Him. He promises to never leave us and help us make good choices when we place our trust in Him.”*



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